

19
26.03.2017 - 10:50 , 400m

: FINA 2017

				/			R.T.			FINA		
1.				1996			-			4:38.06 674		
	50m:	28.27	28.27	150m:	1:37.52	35.89	250m:	2:51.35	39.23	350m:	4:05.48	33.71
	100m:	1:01.63	33.36	200m:	2:12.12	34.60	300m:	3:31.77	40.42	400m:	4:38.06	32.58
2.				1997			4:43.39			637		
	50m:	30.13	30.13	150m:	1:41.13	37.25	250m:	2:58.64	41.28	350m:	4:12.42	32.57
	100m:	1:03.88	33.75	200m:	2:17.36	36.23	300m:	3:39.85	41.21	400m:	4:43.39	30.97
3.				1991			4:49.58			597		
	50m:	31.92	31.92	150m:	1:47.43	40.16	250m:	3:06.42	40.27	350m:	4:18.71	33.16
	100m:	1:07.27	35.35	200m:	2:26.15	38.72	300m:	3:45.55	39.13	400m:	4:49.58	30.87
4.				1999			4:52.50			579		
	50m:	29.29	29.29	150m:	1:42.64	39.59	250m:	3:02.97	42.27	350m:	4:19.30	33.55
	100m:	1:03.05	33.76	200m:	2:20.70	38.06	300m:	3:45.75	42.78	400m:	4:52.50	33.20
5.				2001 I			4:54.81 I			565		
	50m:	30.06	30.06	150m:	1:43.45	39.17	250m:	3:02.83	40.71	350m:	4:20.59	34.91
	100m:	1:04.28	34.22	200m:	2:22.12	38.67	300m:	3:45.68	42.85	400m:	4:54.81	34.22
6.				2000			5:01.74 I			527		
	50m:	30.09	30.09	150m:	1:48.26	42.11	250m:	3:10.09	43.35	350m:	4:29.19	35.28
	100m:	1:06.15	36.06	200m:	2:26.74	38.48	300m:	3:53.91	43.82	400m:	5:01.74	32.55
7.				2001 I			5:02.12 I			525		
	50m:	30.42	30.42	150m:	1:43.66	37.63	250m:	3:04.87	45.48	350m:	4:28.00	37.23
	100m:	1:06.03	35.61	200m:	2:19.39	35.73	300m:	3:50.77	45.90	400m:	5:02.12	34.12
8.				2002 I			5:14.46			466		
	50m:	34.02	34.02	150m:	1:56.26	42.80	250m:	3:20.35	42.63	350m:	4:39.42	35.43
	100m:	1:13.46	39.44	200m:	2:37.72	41.46	300m:	4:03.99	43.64	400m:	5:14.46	35.04