

20
 26.03.2017 - 10:57
 , 400m

: FINA 2017

				/			R.T.			FINA		
1.				1989			4:58.25			712		
	50m:	31.63	31.63	150m:	1:45.73	38.73	250m:	3:07.39	44.18	350m:	4:25.43	33.32
	100m:	1:07.00	35.37	200m:	2:23.21	37.48	300m:	3:52.11	44.72	400m:	4:58.25	32.82
2.				1999			5:14.57			607		
	50m:	33.43	33.43	150m:	1:53.01	40.87	250m:	3:18.25	46.74	350m:	4:40.58	35.63
	100m:	1:12.14	38.71	200m:	2:31.51	38.50	300m:	4:04.95	46.70	400m:	5:14.57	33.99
3.				2001			5:22.90			561		
	50m:	32.77	32.77	150m:	1:52.50	42.11	250m:	3:19.67	46.84	350m:	4:45.42	38.36
	100m:	1:10.39	37.62	200m:	2:32.83	40.33	300m:	4:07.06	47.39	400m:	5:22.90	37.48
4.				1998			5:30.08 			525		
	50m:	33.38	33.38	150m:	1:54.94	43.96	250m:	3:24.70	46.68	350m:	4:52.52	39.94
	100m:	1:10.98	37.60	200m:	2:38.02	43.08	300m:	4:12.58	47.88	400m:	5:30.08	37.56
5.				2002			5:42.21 			471		
	50m:	37.33	37.33	150m:	2:06.27	46.76	250m:	3:37.64	47.63	350m:	5:04.09	39.54
	100m:	1:19.51	42.18	200m:	2:50.01	43.74	300m:	4:24.55	46.91	400m:	5:42.21	38.12
6.				2001			5:44.27 			463		
	50m:	35.58	35.58	150m:	2:03.95	45.60	250m:	3:36.78	49.34	350m:	5:05.25	39.90
	100m:	1:18.35	42.77	200m:	2:47.44	43.49	300m:	4:25.35	48.57	400m:	5:44.27	39.02
7.				2004			5:50.87			437		
	50m:	37.01	37.01	150m:	2:07.25	45.37	250m:	3:42.27	50.61	350m:	5:13.13	40.52
	100m:	1:21.88	44.87	200m:	2:51.66	44.41	300m:	4:32.61	50.34	400m:	5:50.87	37.74
8.				2004			5:57.41			413		
	50m:	36.81	36.81	150m:	2:07.35	44.79	250m:	3:41.57	50.80	350m:	5:15.27	41.87
	100m:	1:22.56	45.75	200m:	2:50.77	43.42	300m:	4:33.40	51.83	400m:	5:57.41	42.14
DSQ				2000								